

ZILE SAPTAMANII	REGIM	MIC DEJUN	GRAMAJ	SUPLIMENT ORA 10:00	PRANZ	DESERT	SUPLIMENT ORA 16:00	CINA
LUNI 17.11.2025	REGIM/COMUN	CEAI,IAURT,SALAM,BR.TOPITA,UNT,GEM,PAINE	200ml/1buc125gr/1buc-100gr/2buc-35gr/2buc-30gr/2buc-40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	MAR		MAMALIGA CU TOCANITA DE PULPE PUI
	DIABET / INSULINA	CEAI,SALAM,BR.TOPITA,UNT,PAINE	200ml/1buc100gr/2buc-35gr/2buc-30gr/200gr	IAURT	SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	MAR	PATEU	MAMALIGA CU TOCANITA DE PULPE PUI
	HEPATIC	CEAI,SALAM,BR.TOPITA,UNT,GEM,PAINE	200ml/1buc100gr/2buc-35gr/2buc-30gr/2buc-40gr/200gr	IAURT	SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	MAR	BISCUITI	MAMALIGA CU TOCANITA DE PULPE PUI
	LAUZE	CEAI,SALAM,BR.TOPITA,UNT,GEM,PAINE	200ml/1buc100gr/2buc-35gr/2buc-30gr/2buc-40gr/200gr	IAURT MUSLI	SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	MAR	BISCUITI	MAMALIGA CU TOCANITA DE PULPE PUI
	COPII 0-3 ANI/3-16 INSOTITOR	CEAI,IAURTMUSLI,SALAM,BR.TOPITA,UNT,GEM,PAINE	200ml/1buc125gr/1buc-100gr/2buc-35gr/2buc-30gr/2buc-40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	MAR		MAMALIGA CU TOCANITA DE PULPE PUI
	ENTEROCOLITA COPII/ADULTI	BRANZA VACA,PAINE	100gr/200gr		SUPA CLARA DE LEGUME CU FIDEA PILAF DE OREZ CU PULPA DE PUI FIARTA		BISCUITI	CARTOFI NATUR
	CLOSTRIDIUM DIFFICILE	CEAI NEINDULCIT,BRANZA DE VACA,BISCUITI	200ml/100gr/1buc-100gr		SUPA CLARA DE LEGUME CU FIDEA PILAF DE OREZ CU PULPA DE PUI FIARTA			CEAI NEINDULCIT,CARTOFI NATUR
	PISAT	CEAI,IAURT,BISCUITI	200ml/1buc-125gr,1buc-100gr		SUPA CLARA DE LEGUME CU FIDEA PILAF DE OREZ CU PULPA DE PUI FIARTA			CEAI,IAURT,BISCUITI
	POSTOPERATOR 1	CEAI,BISCUITI,IAURT	200ml/1buc-100gr/1buc-125gr		SUPA CLARA DE LEGUME CU FIDEA PILAF DE OREZ CU PULPA DE PUI FIARTA			CARTOFI NATUR
	POSTOPERATOR 2	CEAI,IAURT,SALAM,BR.TOPITA,UNT,GEM,PAINE	200ml/1buc125gr/1buc-100gr/2buc-35gr/2buc-20gr/2buc-40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	MAR		MAMALIGA CU TOCANITA DE PULPE PUI
	LFV(lacto-fainos-vegetarian)	CEAI,IAURT,BR.FAGARS,UNT,GEM,PAINE	200ml/1buc125gr/1buc-1285gr/2buc-30gr/2buc-40gr,200gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU CIUPERCI	MAR		MAMALIGA CU BRANZA SI SMANATANA
	INTOLERANTA LA LACTOZA	CEAI,CONSERVA DE PESTE,GEM,PAINE	200ml/1buc-80gr/2buc-40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	MAR		MAMALIGA CU TOCANIOTA DE PULPE PUI
	GARZI	CEAI,IAURT,SALAM,BR.TOPITA,UNT,GEM,PAINE	200ml/1buc125gr/1buc-100gr/2buc-35gr/2buc-30gr/2buc-40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	MAR		MAMALIGA CU TOCANITA DE PULPE PUI
	CULTE RELIGIOASE (fara carne de porc)	CEAI,IAURT,BR.TOPITA,UNT,GEM,PAINE	200ml/1buc125gr/2buc-35gr/2buc-30gr/2buc-40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PULPE PUI	MAR		MAMALIGA CU TOCANITA DE PULPE PUI

ZILE SAPTAMANII	REGIM	MIC DEJUN	GRAMAJ	SUPLIMENT ORA 10:00	PRANZ	DESERT	SUPLIMENT ORA 16:00	CINA
MARTI 18.11.2025	REGIM/COMUN	CEAI,LAPTEUHT,CRENVUSTI,MUS TAR,UNT,MIERE,PAINE	200ml/1buc- 200ml/2buc/1buc- 30gr,2buc-30gr/2buc- 40gr/200gr		CIORBA DE PERISOARE CU SMANATNA MAZARE BOABE CU PULPE DE PUI	BRANZOAICA		MACAROANE CU BRANZA SI SMANTANA
	DIABET / INSULINA	CEAI,LAPTEUHT,CRENVUSTI,MUS TAR,UNT,PAINE	200ml/1buc- 200ml/2buc/1buc- 30gr,2buc-30gr/200gr	IAURT	CIORBA DE PERISOARE CU SMANATNA MAZARE BOABE CU PULPE DE PUI	MAR	CONSERVA DE PESTE	MACAROANE CU BRANZA SI SMANTANA
	HEPATIC	CEAI,LAPTEUHT,CRENVUSTI,UNT, MIERE,PAINE	200ml/1buc- 200ml/2buc/2buc- 30gr/2buc-40gr/200gr	IAURT	CIORBA DE PERISOARE CU SMANATNA MAZARE BOABE CU PULPE DE PUI	BRANZOAICA	CONSERVA DE PESTE	MACAROANE CU BRANZA SI SMANTANA
	LAUZE	CEAI,LAPTEUHT,CRENVUSTI,MUS TAR,UNT,MIERE,PAINE	200ml/1buc- 200ml/2buc/1buc- 30gr,2buc-30gr/2buc- 40gr/200gr	IAURT MUSLI	CIORBA DE PERISOARE CU SMANATNA MAZARE BOABE CU PULPE DE PUI	BRANZOAICA	CONSERVA DE PESTE	MACAROANE CU BRANZA SI SMANTANA
	COPII 0-3 ANI/3-16 INSOTITOR	CEAI,LAPTEUHT,CRENVUSTI,MUS TAR,UNT,MIERE,PAINE,BISCUITI	200ml/1buc200ml/2b uc/1buc-30gr,2buc- 30gr/2buc- 40gr/200gr/1buc- 100gr		CIORBA DE PERISOARE CU SMANATNA MAZARE BOABE CU PULPE DE PUI	BRANZOAICA		MACAROANE CU BRANZA SI SMANTANA
	ENTEROCOLITA COPII/ADULTI	BRANZA VACA,PAINE	100gr/200gr		SUPA CLARA DE LEGUME CU OREZ CARTOFI NATUR CU PULPA DE PUI FIARTA		BISCUITI	PILAF DE OREZ CU MORCOVI
	CLOSTRIDIUM DIFFICILE	CEAI NEINDULCIT,BRANZA DE VACA,BISCUITI	200ml/100gr/1buc- 100gr		SUPA CLARA DE LEGUME CU OREZ CARTOFI NATUR CU PULPA DE PUI FIARTA			CEAI NEINDULCIT,PILAF DE OREZ CU MORCOVI
	PISAT	CEAI,LAPTE UHT,BISCUITI	200ml/200ml/1buc- 100gr		CIORBA DE PERISOARE CU SMANTANA CARTOFI NATUR CU PULPA DE PUI			CEAI,BISCUITI,IAURT
	POSTOPERATOR 1	CEAI,BISCUITI,IAURT	200ml/1buc- 100gr/1buc-125gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA		IAURT	MACAROANE CU BRANZA SI SMANTANA
	POSTOPERATOR 2	CEAI,CRENVUSTI,MIERE,PAINE	200ml/2buc/2buc- 40gr/200gr		CIORBA DE PERISOARE CU SMANTANA CARTOFI NATUR CU PULPA DE PUI	BRANZOAICA		MACAROANE CU BRANZA SI SMANTANA
	LFV(lacto-fainos- vegetarian)	CEAI,LAPTE UHT,UNT,MIERE	200ml/200ml/2buc- 30gr/2buc-40gr		SUPA CLARA DE LEGUME CU FIDEA MANCARE DE MAZARE BOABE	BRANZOAICA		MACAROANE CU BRANZA SI SMANTANA
	INTOLERANTA LA LACTOZA	CEAI,CRENVUSTI,MIERE,PAINE	200ml/2buc/2buc- 40gr/200gr		CIORBA DE PERISOARE CU BULION MAZARE BOABE CU PULPE DE PUI	MAR		MACAROANE CU PULPE DE PUI
	GARZI	CEAI,LAPTEUHT,CRENVUSTI,MUS TAR,UNT,MIERE,PAINE	200ml/1buc- 200ml/2buc/1buc- 30gr,2buc-30gr/2buc- 40gr/200gr		CIORBA DE PERISOARE CU SMANATNA MAZARE BOABE CU PULPE DE PUI	BRANZOAICA		MACAROANE CU BRANZA SI SMANTANA
	CULTE RELIGIOASE (fara carne de porc)	CEAI,LAPTEUHTI,UNT,MIERE,PAINE	200ml/1buc- 200ml//,2buc- 30gr/2buc-40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA MAZARE BOABE CU PULPE DE PUI	BRANZOAICA		MACAROANE CU BRANZA SI SMANTANA

SUBSTANTE CARE CAUZEAZA ALERGII SAU INTOLERANTE ALIMENTARE: Cifre lista alergeni: Cereale care contin gluten(graub,secara,ovaz);2-Oua si produse derivate;3-Paste si produse derivate;4-Lapte si produse derivate;5-Telina si produse derivate;6-Mustar si produse derivate; 7-Produs congelat;8-Soia si produse derivate;9-Arahide si produse derivate

ZILE SAPTAMANII	REGIM	MIC DEJUN	GRAMAJ	SUPLIMENT ORA 10:00	PRANZ	DESERT	SUPLIMENT ORA 16:00	CINA
MIERCURI 19.11.2025	REGIM/COMUN	CEAI,IAURT,OUIERT,BR.FAGARS, UNT,GEM,PAINE	200ml/1buc125gr/1bu c,1buc-185gr/2buc- 40gr/2buc-30gr/200gr		SUPA DE FASOLE VERDE CU SMANTANA SARMALE	MAR		LEGUME GRATINATE CU FRIPTURA DE PORC
	DIABET / INSULINA	CEAI,IAURT,OUIERT,BR.FAGARS, UNT,PAINE	200ml/1buc125gr/1bu c,1buc-185gr/2buc- 30gr/200gr	IAURT	SUPA DE FASOLE VERDE CU SMANTANA SARMALE	MAR	PATEU	LEGUME GRATINATE CU FRIPTURA DE PORC
	HEPATIC	CEAI,BR.FAGARS,UNT,GEM,PAINE	200ml//1buc- 185gr2buc-30gr//2buc- 40gr/200gr	IAURT	SUPA DE FASOLE VERDE CU SMANTANA OREZ SARBESC CU PULPE DE PUI	MAR	BISCUITI	LEGUME GRATINATE CU FRIPTURA DE PORC
	LAUZE	CEAI,IOUTIERT,BR.FAGARS,UNT, GEM,PAINE	200ml/1buc125gr/1bu c,1buc-185gr/2buc- 30gr/2buc-40gr/200gr	IAURT MUSLI	SUPA DE FASOLE VERDE CU SMANTANA OREZ SARBESC CU PULPE DE PUI	MAR	BISCUITI	LEGUME GRATINATE CU FRIPTURA DE PORC
	COPII 0-3 ANI/3-16 INSOTITOR	CEAI,IAURTMUSLI,OUIERT,BR.FA GARS,UNT,GEM,PAINE	200ml/1buc125gr/1bu c,1buc-185gr/2buc- 30gr/2buc-40gr/200gr		SUPA DE FASOLE VERDE CU SMANTANA OREZ SARBESC CU PULPE DE PUI	MAR		LEGUME GRATINATE CU FRIPTURA DE PORC
	ENTEROCOLITA COPII/ADULTI	BRANZA VACA,PAINE	100gr/200gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA		BISCUITI	OREZ FIERT
	CLOSTRIDIUM DIFFICILE	CEAI NEINDULCIT,OU FIERT,PAINE,BISCUITI	200ml/1buc/200gr/1b uc-100gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA			CEAI NEINDULCIT,OREZ FIERT
	PISAT	CEAI, IAURT,BISCUITI	200ml/1buc- 125gr/1buc-100gr		SUPA DE FASOLE VERDE CU SMANTANA OREZ SARBESC CU PULPE DE PUI			CEAI,BISCUITI,IAURT
	POSTOPERATOR 1	CEAI,BISCUITI,IAURT	200ml/1buc- 100gr/1buc-125gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA		IAURT	CARTOFI NATUR
	POSTOPERATOR 2	CEAI,IAURT,BR.FAGARS,GEM,PAI NE	200ml/1buc125gr/1bu c-185gr,2buc- 40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU PULPE DE PUI	MAR		LEGUME GRATINATE CU FRIPTURA DE PORC
	LFV(lacto-fainos- vegetarian)	CEAI,IAURT,OUIERT,BR.FAGARA S,UNT,GEM,PAINE	200ml/1buc- 125gr/1buc/1buc- 185gr/2buc-30gr/2buc- 40gr/200gr		SUPA DE FASOLE VERDE CU SMANTANA OREZ SARBESC	MAR		LEGUME GRATINATE
	INTOLERANTA LA LACTOZA	CEAI,OUIERT,PATEU,GEM,PAINE	200ml/1buc/1buc- 125gr/2bu40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA SARMALE	MAR		LEGUME GRATINATE CU FRIPTURA DE PORC
	GARZI	CEAI,IAURT,OUIERT,BR.FAGARS, UNT,GEM,PAINE	200ml/1buc125gr/1bu c,1buc-185gr/2buc- 30gr/2buc-40gr/200gr		SUPA DE FASOLE VERDE CU SMANTANA SARMALE	MAR		LEGUME GRATINATE CU FRIPTURA DE PORC
	CULTE RELIGIOASE (fara carne de porc)	CEAI,IAURT,OUIERT,BR.FAGARS, UNT,GEM,PAINE	200ml/1buc125gr/1bu c,1buc-185gr/2buc- 30gr/2buc-40gr/200gr		SUPA DE FASOLE VERDE CU SMANTANA OREZ SARBESC CU PULPE DE PUI	MAR		LEGUME GRATINATE CU PULPE DE PUI

SUBSTANTE CARE CAUZEAZA ALERGII SAU INTOLERANTE ALIMENTARE: Cifre lista alergeni:Cereale care contin gluten(grau,secara,ovaz);2-Oua si produse derivate;3-Paste si produse derivate;4-Lapte si produse derivate;5-Telina si produse derivate;6-Mustar si produse derivate; 7-Produs congelat;8-Soia si produse derivate;9-Arahide si produse derivate

ZILE SAPTAMANII	REGIM	MIC DEJUN	GRAMAJ	SUPLIMENT ORA 10:00	PRANZ	DESERT	SUPLIMENT ORA 16:00	CINA
JOI 20.11.2025	REGIM/COMUN	CEAI,LAPTEUHT,SALAM,BR.TOPIT A,UNT,GEM,PAINE	200ml/200ml/100gr/2 buc-35gr/2buc- 30gr/2buc-40gr/200gr		SUPA DE VARZA CU SMANTANA MACAROANE CU TOCANITA DE PORC	BRANZOAICA		GRIȘ IN LAPTE
	DIABET / INSULINA	CEAI,LAPTEUHT,SALAM,BR.TOPIT A,UNT,PAINE	200ml/200ml/100gr/2 buc-35gr/2buc- 30gr/2buc-40gr/200gr	IAURT	SUPA DE VARZA CU SMANTANA MACAROANE CU TOCANITA DE PORC	MAR	CONSERVA DE PESTE	MAMALIGA CU TOCANIAT DE PULPE PUI
	HEPATIC	CEAI,LAPTEUHT,SALAM,BR.TOPIT A,UNT,GEM,PAINE	200ml/200ml/100gr/2 buc-35gr/2buc- 30gr/2buc-40gr/200gr	IAURT	SUPA CLARA DE LEGUME CU FIDEA MACAROANE CU TOCANITA DE PORC	BRANZOAICA	CONSERVA DE PESTE	GRIȘ IN LAPTE
	LAUZE	CEAI,LAPTEUHT,SALAM,BR.TOPIT A,UNT,GEM,PAINE	200ml/200ml/100gr/2 buc-35gr/2buc- 30gr/2buc-40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA MACAROANE CU TOCANITA DE PORC	BRANZOAICA		GRIȘ IN LAPTE
	COPII 0-3 ANI/3-16 INSOTITOR	CEAI,LAPTEUHT,SALAM,BR.TOPIT A,UNT,GEM,PAINE	200ml/200ml/100gr/2 buc-35gr/2buc- 30gr/2buc-40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA MACAROANE CU TOCANITA DE PORC	BRANZOAICA		GRIȘ IN LAPTE
	ENTEROCOLITA COPII/ADULTI	BRANZA DE VACA,PAINE	100gr/200gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA		BISCUITI	PILAF DE OREZ CU MORCOVI
	CLOSTRIDIUM DIFFICILE	CEAI NEINDULCIT,BRANZA DE VACA,BISCUITI	200ml/100gr/1buc- 100gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA			CEAI NEINDULCIT,PLAF DE OREZ CU MORCOVI
	PISAT	CEAI,LAPTE UHT,BISCUITI	200ml/200ml/1buc- 100gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI			CEAI,BISCUITI,IAURT
	POSTOPERATOR 1	CEAI,BISCUITI,IAURT	200ml/1buc- 100gr/1buc-125gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA		IAURT	GRIȘ IN LAPTE
	POSTOPERATOR 2	CEAI,SALAM,BR.TOPITA,GEM,PAI NE	200ml/100gr/2buc- 35gr/2buc-40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA MACAROANE CU TOCANITA DE PORC	BRANZOAICA		GRIȘ IN LAPTE
	LFV(lacto-fainos- vegetarian)	CEAI,LAPTEUHT,BR.TOPITA,UNT, GEM	200ml/200ml/2buc- 35gr/2buc-30gr/2buc- 40gr/200gr		SUPA DE VARZA CU SMANTANA MACAROANE CU BRANZA SI SMANTANA	BRANZOAICA		GRIȘ IN LAPTE
	INTOLERANTA LA LACTOZA	CEAI,CONSERVAPESTE,PAINE,GE M,	200ML/80gr/200gr/2b uc-40gr		SUPA CLARA DE LEGUME CU FIDEA MACAROANE CU TOCANITA DE PORC	MAR		MAMALIGA CU TOCANITA DE PULPE PUI
	GARZI	CEAI,LAPTEUHT,SALAM,BR.TOPIT A,UNT,GEM,PAINE	200ml/200ml/100gr/2 buc-35gr/2buc- 30gr/2buc-40gr/200gr		SUPA DE VARZA CU SMANTANA MACAROANE CU TOCANITA DE PORC	BRANZOAICA		MAMALIGA CU TOCANITA DE PULPE PUI
	CULTE RELIGIOASE (fara carne de porc)	CEAI,LAPTEUHT,BR.TOPITA,UNT, GEM,PAINE	200ml/200ml/2buc- 35gr/2buc-30gr/2buc- 40gr/200gr		SUPA DE VARZA CU SMANTANA MACAROANE CU TOCANITA DE PULPE PUI	BRANZOAICA		GRIȘ IN LAPTE

SUBSTANTE CARE CAUZEAZA ALERGII SAU INTOLERANTE ALIMENTARE: Cifre lista alergeni:Cereale care contin gluten(graub,secara,ovaz);2-Oua si produse derivate;3-Paste si produse derivate;4-Lapte si produse derivate;5-Telina si produse derivate;6-Mustar si produse derivate;7-Produs congelat;8-Soia si produse derivate;9-Arahide si produse derivate

ZILE SAPTAMANII	REGIM	MIC DEJUN	GRAMAJ	SUPLIMENT ORA 10:00	PRANZ	DESERT	SUPLIMENT ORA 16:00	CINA
VINERI 21.11.2025	REGIM/COMUN	CEAI,IAURT,CRENVUSTI,MUSTAR,UNT,MIERE,PAINE	200ml/125gr/2buc/1buc-30gr/2buc-30gr/2buc-40gr/200gr		SUPA DE MAZARE BOABE CU GALUSTE CARTOFI NATUR CU PULPE DE PUI LA TAVA	EUGENIA		MAMALIGA CU BRANZA SI SMANTANA
	DIABET / INSULINA	CEAI,IAURT,CRENVUSTI,MUSTAR,UNT,PAINE	200ml/125gr/2buc/1buc-30gr/2buc-30gr/200gr	IAURT	SUPA DE MAZARE BOABE CU GALUSTE CARTOFI NATUR CU PULPE DE PUI LA TAVA	MAR	PATEU	MAMALIGA CU BRANZA SI SMANTANA
	HEPATIC	CEAI,IAURT,CRENVUSTI,UNT,MIERE,PAINE	200ml/125gr/2buc/2buc-30gr/2buc-40gr/200gr	IAURT	SUPA DE MAZARE BOABE CU GALUSTE CARTOFI NATUR CU PULPE DE PUI LA TAVA	MAR	BISCUITI	MAMALIGA CU BRANZA SI SMANTANA
	LAUZE	CEAI,IAURT,CRENVUSTI,MUSTAR,UNT,MIERE,PAINE	200ml/125gr/2buc/1buc-30gr/2buc-30gr/2buc-40gr/200gr	IAURT MUSLI	SUPA DE MAZARE BOABE CU GALUSTE CARTOFI NATUR CU PULPE DE PUI LA TAVA	EUGENIA	BISCUITI	MAMALIGA CU BRANZA SI SMANTANA
	COPII 0-3 ANI/3-16 INSOTITOR	CEAI,IAURT MUSLI,CRENVUSTI,MUSTAR,UNT,MIERE,PAINE,BISCUITI	200ml/125gr/2buc/1buc-30gr/2buc-30gr/2buc-40gr/200gr/1buc-100gr		SUPA DE MAZARE BOABE CU GALUSTE CARTOFI NATUR CU PULPE DE PUI LA TAVA	EUGENIA		MAMALIGA CU BRANZA SI SMANTANA
	ENTEROCOLITA COPII/ADULTI	BRANZA DE VACA,PAINE	100gr/200gr		SUPA CLARA DE LEGUME CU OREZ CARTOFI NATUR CU PULPA DE PUI FIARTA		BISCUITI	PILAF DE OREZ CU MORCOVI
	CLOSTRIDIUM DIFFICILE	CEAI NEINDULCIT,BRANZA DE VACA,BISCUITI	200ml/100gr/1buc-100gr		SUPA CLARA DE LEGUME CU OREZ CARTOFI NATUR CU PULPA DE PUI FIARTA			CEAI NEINDULCIT,PILAF DE OREZ CU MORCOVI
	PISAT	CEAI,IAURT,BISCUITI	200ml/1buc-125gr/1buc-100gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA			CEAI,BISCUITI,IAURT
	POSTOPERATOR 1	CEAI,IAURT,BISCUITI	200ml/1buc-125gr/1buc-100gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA		IAURT	PILAF DE OREZ
	POSTOPERATOR 2	CEAI,IAURT,CRENVUSTI,MIERE,PAINE	200ml/1buc-125gr/2buc/2buc-40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA	MAR		MAMALIGA CU BRANZA SI SMANTANA
	LFV(lacto-fainos-vegetarian)	CEAI,IAURT,UNT,MIERE,PAINE	200ml/1buc-125gr/2buc-30gr/2buc-40gr/200gr		SUPA DE MAZARE BOABE CU GALUSTE CARTOFI NATUR	EUGENIA		MAMALIGA CU BRANZA SI SMANTANA
	INTOLERANTA LA LACTOZA	CEAI,CRENVUSTI,PAINE,MIERE	200ml/2buc/200gr/2buc-40gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA	MAR		MAMALIGA CU PULPE DE PUI
	GARZI	CEAI,IAURT,CRENVUSTI,MUSTAR,UNT,MIERE,PAINE	200ml/125gr/2buc/1buc-30gr/2buc-30gr/2buc-40gr/200gr		SUPA DE MAZARE BOABE CU GALUSTE CARTOFI NATUR CU PULPE DE PUI LA TAVA	EUGENIA		MAMALIGA CU BRANZA SI SMANTANA
	CULTE RELIGIOASE (fara carne de porc)	CEAI,IAURT,UNT,MIERE,PAINE	200ml/125gr//2buc-30gr/2buc-40gr/200gr		SUPA DE MAZARE BOABE CU GALUSTE CARTOFI NATUR CU PULPE DE PUI LA TAVA	EUGENIA		MAMALIGA CU BRANZA SI SMANTANA

SUBSTANTE CARE CAUZEAZA ALERGII SAU INTOLERANTE ALIMENTARE: Cifre lista alergeni:Cereale care contin gluten(graub,secara,ovaz);2-Oua si produse derivate;3-Paste si produse derivate; 4-Lapte si produse derivate;5-Telina si produse derivate;6-Mustar si produse derivate; 7-Produs congelat;8-Soia si produse derivate;9-Arahide si produse derivate

NOTA : ACEST MENIU POATE SUFERI MODIFICARI

"O ALIMENTATIE SANATOASA SI ECHILIBRATA CRESTE SPERANTA DE VIATA"

ZILE SAPTAMANII	REGIM	MIC DEJUN	GRAMAJ	SUPLIMENT ORA 10:00	PRANZ	DESERT	SUPLIMENT ORA 16:00	CINA
SAMBATA 22.11.2025	REGIM/COMUN	CEAI, LAPTE UHT SALAM, BRANZA TOPITA UNT, GEM,PAINE	200ml/200ml 100gr/2buc35gr/2buc 30gr2buc-40gr 1buc-200gr	-	CIORBA RADAUTEANA CU SMANTANA LEGUME GRATINATE CU FRIPTURA DE PORC	BRANZOAICA	-	FIDEA IN LAPTE
	DIABET / INSULINA	CEAI, LAPTE UHT SALAM, BRANZA TOPITA UNT,PAINE	200ml/200ml/ 100gr/2buc-35gr/2buc- 30gr/200gr	IAURT	CIORBA RADAUTEANA CU SMANTANA LEGUME GRATINATE CU FRIPTURA DE PORC	MAR	CONSERVA DE PESTE	PIURE DE CARTOFI CU PULPE DE PUI LA TAVA
	HEPATIC	CEAI, LAPTE UHT SALAM, BRANZA TOPITA UNT, GEM,PAINE	200ml/200ml 100gr/2buc-35gr 2buc-20gr/2buc 40gr/200gr	IAURT	CIORBA RADAUTEANA CU SMANTANA LEGUME GRATINATE CU FRIPTURA DE PORC	BRANZOAICA	CONSERVA DE PESTE	FIDEA IN LAPTE
	LAUZE	CEAI, LAPTE UHT SALAM, BRANZA TOPITA UNT, GEM,PAINE	200ml/200ml 100gr/2buc-35gr 2buc-30gr/2buc 40gr/200gr	IAURT MUSLI	CIORBA RADAUTEANA CU SMANTANA LEGUME GRATINATE CU FRIPTURA DE PORC	BRANZOAICA	CONSERVA DE PESTE	FIDEA IN LAPTE
	COPII 0-3 ANI/3-16 INSOTITOR	CEAI, LAPTE UHT SALAM, BRANZA TOPITA UNT, GEM,PAINE	200ml/200ml 100gr/2buc-35gr 2buc-30gr/2buc 40gr,200gr		CIORBA RADAUTEANA CU SMANTANA LEGUME GRATINATE CU FRIPTURA DE PORC	BRANZOAICA		FIDEA IN LAPTE
	ENTEROCOLITA COPII/ADULTI	CEAI NEINDULCIT,BRANZA DE VACA,PAINE,BISCUITI	200gr/100gr/200gr/ 1-buc-100gr		SUPA CLARA DE LEGUME CU OREZ CARTOFI NATUR CU PULPA DE PUI FIARTA			CEAI NEINDULCIT,PILAF DE OREZ CU MORCOVI
	CLOSTRIDIUM DIFFICILE	CEAI NEINDULCIT,BRANZA DE VACA,PAINE,BISCUITI	200gr/100gr/200gr 1buc-100gr		SUPA CLARA DE LEGUME CU OREZ CARTOFI NATUR CU PULPA DE PUI FIARTA			CEAI NEINDULCIT,PILAF DE OREZ CU MORCOVI
	PISAT	CEAI, LAPTE UHT,BISCUITI	200ml/200ml 1 buc-100gr		CIORBA RADAUTEANA CU SMANTANA LEGUME GRATINATE			BISCUITI,IAURT
	POSTOPERATOR 1	CEAI ,BISCUITI,IAURT	200gr/100gr/ 1 buc-125gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA		IAURT	FIDEA IN LAPTE
	POSTOPERATOR 2	CEAI, SALAM,BRANZA TOPITA,GEM,PAINE	200ml/100gr/ 2buc-35gr/2buc-40gr		CIORBA RADAUTEANA CU SMANTANA LEGUME GRATINATE CU FRIPTURA DE PORC	BRANZOAICA		FIDEA IN LAPTE
	LFV(lacto-fainos- vegetarian)	CEAI,LAPTE UHT,BR.TOPITA,UNT,GEM,PAINE	200ml/200ml 100gr/2buc-35gr 2buc-30gr/2buc 40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA LEGUME GRATINATE	BRANZOAICA		FIDEA IN LAPTE
	INTOLERANTA LA LACTOZA	CEAI,CONSERVA DE PESTE,PAINE,GEM	200ml/80gr/200gr/2bu c-40gr		SUPA CLARA DE LEGUME CU FIDEA LEGUME GRATINATE CU FRIPTURA DE PORC	MAR		OREZ CU PULPE DE PUI
	GARZI	CEAI, LAPTE UHT SALAM, BRANZA TOPITA UNT, GEM,PAINE	200ml/200ml/100gr 2buc-35gr/2buc-30gr 2buc-40gr/200g	-	CIORBA RADAUTEANA CU SMANTANA LEGUME GRATINATE CU FRIPTURA DE PORC	MAR	-	PIURE DE CARTOFI CU PULPE DE PUI LA TAVA
	CULTE RELIGIOASE (fara carne de porc)	CEAI, LAPTE UHT , BRANZA TOPITA UNT, GEM,PAINE	200ml/200ml/ 2buc-35gr/2buc-30gr 2buc-40gr 1buc-200gr	-	CIORBA RADAUTEANA CU SMANTANA LEGUME GRATINATE CU PULPE DE PUI	BRANZOAICA	-	FIDEA IN LAPTE

SUBSTANTE CARE CAUZEAZA ALERGII SAU INTOLERANTE ALIMENTARE: Cifre lista alergeni:Cereale care contin gluten(grau,secara,ovaz);2-Oua si produse derivate;3-Paste si produse derivate;4-Lapte si produse derivate;5-Telina si produse derivate;6-Mustar si produse derivate; 7-Produs congelat;8-Soia si produse derivate;9-Arahide si produse derivate

ZILE SAPTAMANII	REGIM	MIC DEJUN	GRAMAJ	SUPLIMENT ORA 10:00	PRANZ	DESERT	SUPLIMENT ORA 16:00	CINA
DUMINICA 23.11.2025	REGIM/COMUN	CEAI,IAURT,CRENVUSTI,MUSTAR, MIERE,UNT,PAINE	200ml/1buc-125gr/2- buc/30gr/2buc- 40gr/2buc-30gr/200gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	EUGENIA		CEAI,SALAM,BRANZA TOPITA
	DIABET / INSULINA	CEAI,IAURT,CRENVUSTI,MUSTAR, UNT,PAINE	200ml/1buc-125gr/2- buc/30gr/2buc- 30gr/200gr	BRANZA FAGARAS	SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	MAR	PATEU	CEAI,SALAM,BRANZA TOPITA
	HEPATIC	CEAI,CRENVUSTI,MIERE,UNT,PAI NE	200ml/2-buc/2buc- 40gr/2buc-30gr/200gr	IAURT	SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	MAR	BISCUITI	CEAI,SALAM,BRANZA TOPITA
	LAUZE	CEAI,CRENVUSTI,MIERE,UNT,PAI NE,MUSTAR	200ml/2-buc/2buc- 40gr/2buc-30gr/200gr 1buc-30gr	IAURT MUSLI	SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	EUGENIA	BISCUITI	CEAI,SALAM,BRANZA TOPITA
	COPII 0-3 ANI/3-16 INSOTITOR	CEAI,IAURT MUSLI,CRENVUSTI,MIERE,UNT,BI SCUITI,PAINE	200ml/1buc125gr/2bu c/2buc/40gr/2buc- 30gr/1buc-100gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	EUGENIA		CEAI,SALAM,BRANZA TOPITA
	ENTEROCOLITA COPII/ADULTI	BRANZA DE VACA,PAINE	100gr/200gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA		BISCUITI	OREZ FIER
	CLOSTRIDIUM DIFFICILE	CEAINEANDULCIT,BISCUITI,BRAN ZA VACA,PAINE	200ml/1buc- 100gr/100gr/200gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA			CEAI NEINDULCIT,OREZ FIERT
	PISAT	CEAI,LAPTE UHT,BISCUITI	200ml/1buc- 200ml/1buc-100gr		SUPA CLARA DE LEGUME CU FIDEA PULPA DE PUI FIARTA			CEAI,BISCUITI
	POSTOPERATOR 1	CEAI,BISCUITI,IAURT	200mi/1buc- 100gr/1buc-125gr		SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA		IAURT	CARTOFI NATUR
	POSTOPERATOR 2	CEAI,IAURT,CRENVUSTI,PAINE	200ml/1buc- 125gr/2buc/200gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	EUGENIA		CEAI,SALAM,BRANZA TOPITA
	LFV(lacto-fainos- vegetarian)	CEAI,IAURT,UNT,MIERE,PAINE	200ml/1buc- 125gr/2buc-30gr/2buc- 40gr/200GR		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU CIUPERCI	MAR		CEAI,CONSERVA DE PESTE
	INTOLERANTA LA LACTOZA	CEAI,CRENVUSTI,MUSTAR,MIERE, PAINE	200ml/2buc/2buc- 30gr/2buc-4gr/200gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	MAR		CEAI,CONSERVA DE PESTE
	GARZI	CEAI,IAURT,CRENVUSTI,MUSTAR, MIERE,UNT,PAINE	200ml/1buc-125gr/2- buc/30gr/2buc- 40gr/2buc-30gr/200gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU FRIPTURA DE PORC	EUGENIA		CEAI,SALAM,BRANZA TOPITA
	CULTE RELIGIOASE (fara carne de porc)	CEAI,BISCUITI,UNT,MIERE,PAINE	200ml/1buc/100gr/2b uc-30gr/2buc- 40gr/200gr		SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU PULPE DE PUI LA TAVA	EUGENIA		CEAI,BRANZA TOPITA,CONSERVA DE PESTE,MIERE

SUBSTANTE CARE CAUZEAZA ALERGII SAU INTOLERANTE ALIMENTARE: Cifre lista alergeni:Cereale care contin gluten(grau,secara,ovaz);2-Oua si produse derivate;3-Paste si produse derivate; 4-Lapte si produse derivate;5-Telina si produse derivate;6-Mustar si produse derivate; 7-Produs congelat;8-Soia si produse derivate;9-Arahide si produse derivate